

2009 Tour de Valley Metric Course

<u>Incr</u>	<u>Total Miles</u>	<u>Direction and Road Name</u>	<u>Road Number</u>	<u>Comments</u>
0	0	Start from the Pavilion at Constitution Park		Obey Traffic Lights
		Right out of parking lot onto Main ST	340	Obey Traffic Lights
0.1	0.1	Left on Wayne Ave		
0.8	0.9	Bear Right on Lyndhurst RD, after bridge		
2.6	3.5	Left on Lyndhurst RD	664	
0.4	3.9	Right on Shalom RD	632	
1.4	5.3	Left on Hall School RD	970	
1.8	7.1	Right on Mt Vernon RD	635	Beware truck traffic
0.5	7.6	Left on Route 340 Stuarts Draft Highway	340	Obey Traffic Lights
0.8	8.4	Right on Augusta Farms RD	649	Beware approaching traffic
0.7	9.1	Left on Roundhill RD	649	
1.3	10.4	Right on Tinkling Spring RD	608	
0.6	11	Left on Christian's Creek RD	648	BEWARE approaching traffic
3.7	14.7	Left on Christian's Creek RD		Crossing I-81
0.3	15	Left on RT 11 Lee Jackson Highway	11	at Coca Cola Plant
1.1	16.1	Right on Cochran Mill RD	871	
0.8	16.9	Straight on Old Greenville RD	613	Road name changes
0.4	17.3	Right on Mill Creek Lane	872	
1.1	18.4	Right on Stingy Hollow RD	693	
1.5	19.9	Left on Rt 252 Middlebrook RD	252	
2.1	22	Right on Smokey Row Rd	709	
2.1	24.1	Church on right - 1st Rest Stop		On right in church parking lot
		after rest stop Right on Eidson Creek RD	710	
0.5	24.6	Left on Glebe School RD	708	
0.6	25.2	Bear Right on Glebe School RD	708	RT 708 will become 876
2.2	27.4	Straight thru on Glebe School RD	876	
3.5	30.9	Straight thru on Summerdean	602	
2.7	33.6	Left on Shemariah Rd	677	at Shemariah Church
1.4	35	Right on Cales Spring	603	
0.6	35.6	Left on Middlebrook Rd	252	
0.7	36.3	Right on Cherry Grove RD	670	in Middlebrook
1.8	38.1	Continue on Sinking Spring RD	670	Road name changes
0.4	38.5	Bear Right on Stover School RD	662	
4.1	42.6	Cross Lee Jackson Highway		in Greenville
		Straight across on Pen Apple RD -2nd Rest Stop		On left in parking lot
0.1	42.7	Left onto Main St		
0.1	42.8	Right on Indian Ridge RD	657	
5.6	48.4	Left on Indian Ridge RD	657	
0.6	49	Right on Stuarts Draft Highway	340	Beware traffic and obey lights
1.1	50.1	Right on Main ST	608	Obey traffic lights
0.7	50.8	Left on Wayne Ave ??	639	
2.3	53.1	Right on Patton Farm RD	634	
1.1	54.2	Left on China Clay	634	
0.3	54.5	Left on Lyndhurst RD	624	Beware traffic
2.8	57.3	Left on Lyndhurst RD	664	
1.5	58.8	Right on Lyndhurst RD	664	
2.6	61.4	Veer Left on Lyndhurst, just before bridge		Beware traffic
0.1	61.5	Right on Arch Ave		
0.8	62.3	Right on Main St		
0.1	62.4	Left into parking lot at the Pavilion at Constitution Park		
		The End- Please Check in and tell us which course you did!!		